

**From:** First Universalist Church of Essex admin@uuessex.org  
**Subject:** Weekly Update 11/11/22 + Sunday Info  
**Date:** November 11, 2022 at 12:01 PM  
**To:** Ken Swanson kenswanson@me.com



⊕ First Universalist Church of Essex ⊕  
**Weekly Update**



**This Sunday's Service @ 10:00 am at Church and on Zoom:**

This Sunday **Fran** speaks about her late husband Norm, who was a Vietnam vet and went through PTSD therapy. She'll share her experience with him uncovering his time in Vietnam.

**Mary** is our Worship Associate.

**Jenn** is our Zoom Host.

**Ronan** is our AV Tech.

.. . . .

**Alexandra plays piano.**

This Sunday's [Order of Service](#).

*Sunday Service will be in-person and there will be an opportunity to watch and participate from Zoom, too. Please do what makes you feel comfortable. But do join us! Every one of you is so important to our community. Seeing each other is so inspiring.*

### [Updated Health Policy for in Church Gatherings](#)

#### **Our UU Essex Zoom Room:**

PIN: 058883

<https://zoom.us/j/9042034298>

Meeting ID: 904 203 4298

One tap mobile

+19292056099,,9042034298# US (New York)

+16699006833,,9042034298# US (San Jose)

Dial by your location

+1 929 205 6099 US (New York)

+1 669 900 6833 US (San Jose)



## ***Prayer List...***

*In Our Thoughts and Prayers:*

***Prayers and well wishes for:***

***Lois Bairstow*** and her sister ***Peggy Duff***. Lois is home trying to recover from the sudden onset of a rare auto immune disease. Her sister Peggy is living with Lois and taking care of her and her two sons, ***Foster*** and ***Aidan***. They can still use some help with occasional errands and dinners. Contact Peggy at 617-285-8784.

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All are welcome to share their joys and concerns with the Worship Committee prior to Sunday services for the Worship Associate to share with the congregation if they cannot make it to Church or would rather not share it themselves. Please email [Lindle](#).

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**Spiritual Direction**

We have two resource people who are friends of the congregation and are available to offer spiritual direction:

Retired UCC Minister Jonathan Goodell (who preached for us on October 23rd on Al-Anon), 781-835-8133 and Sister Ellen Keane, SND, at Notre Dame Spirituality Center in Ipswich, 978-380-1561.

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### **Splitting Our Collection Plate**

We do not have a charity for Nov. or Dec. yet so please let us know if you have a charity in mind. All amounts collected will be matched from the Tyler Social Justice Fund, up to \$500. To clarify how the collection is done, we give only on the one day of the month that will be announced, and use only the contributions that are a one time contribution, any donations that are a recurring contribution will be assumed regular church funds.

We encourage anyone with a charity, special to them, to email Liz Raycroft [eraycroft@gmail.com](mailto:eraycroft@gmail.com) or Ken Swanson at: [Ken@peckofpeppers.com](mailto:Ken@peckofpeppers.com)

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### **Lantern Walk**

Join us for the Lantern Walk held at the Duff's house at 6pm tomorrow (Sat., Nov. 12th). We will have lanterns available and light refreshments. Eva has agreed to attend. (Rain date Sun., Nov. 13th)

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**Holiday Fair: Sat., Nov. 19th, 9am to 2pm**

**Cookie Walk**

Calling all Bakers!

The cookie walk is back for the Holiday Fair!

**What we need:**

- People who would be willing to make a batch (or a few batches) of any of your favorite cookies\*

- Please sign up

here: <https://www.signupgenius.com/go/10C044AAAAA22A5F85-cookie>



**Cookie Walk 2022**

## COOKIE WALK 2022

Please review the available slots below and click the button to sign up. Thank you!

\*With each type of cookie, please supply a list of ingredients used and the name of the baker (just one copy for our records as required by serv-safe) \*This year, please wrap cookies in a package of 1-3, we will still do the cookie walk, but there will not be any open cookies. [SignupGenius](#)

### **\*What is different this year:**

- We are asking that cookies be individually wrapped (in packages of 1-3) so that there are no open plates of cookies

### **Drop Off Options:**

- Deliver wrapped cookies to the church before Saturday at 8am

- Deliver unwrapped cookies in a container (box or bag) to the church by **5pm Friday** or to Jenn's home - 44 Chestnut St. Hamilton

*\*if you would like to make something other than cookies, we will be able to offer that within the cookie walk*

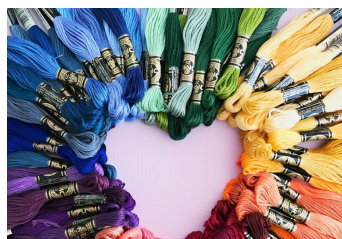
### **What is a Cookie Walk?**

- A way to sell baked goods

- People will buy a container and then be able to fill that container with their choice of cookies

Questions: Please call or text Jenn - 978-304-7564

Thank you!





## Crafts

If you have a craft you would like to donate to the Crafts Sale, please contact [Bethany Swanson](#) with your ideas.

Some ideas from the past:

Pottery, knit items, paintings, mandala artwork, crocheted items, handmade jewelry, photography, and much more.

## Help Needed for the Holiday Fair White Elephant Sale!

We are looking for toys/games, books, household goods, yard tools/decorations, etc. Items should be clean and in good condition. Please note that all unsold items will be given to Savers or Goodwill. Also, any baked goods other than cookies (they will go to the Cookie Walk!).

Drop-off times at the church:

Wednesday 11/16 5-7 PM

Friday 11/18 5-7 PM

Please consider helping out with one of the following:

Set-up

Friday 11/18 5-7 PM

Work the tables at the fair on Saturday 11/19

9-11 AM

11 AM - 1 PM

1-3 PM

## Clean-up

Saturday 11/19 3-4:40 PM

We are looking for someone with an Essex Transfer station sticker for Sat. at 3:00pm.

Contact Debbie at [debfrontierro@gmail.com](mailto:debfrontierro@gmail.com). Or call or text at 508-423-7725

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## **Kitchen Waste Receptacles**

Sorting procedures for waste receptacles in the kitchen.

Hello, all. There has been some confusion about how to dispose of things in the kitchen. Understandable, since we all come from different places with different rules. But we take our trash to the Transfer Station in Essex, so here's how they sort things:

Three types of recyclable items can be thrown out together: CANS, GLASS and recyclable PLASTICS (#'s 1, 2 and 5).. These they call COMMINGLED. We have one barrel for these three items.. Please be sure to first rinse them out before disposing.

Keep separate any and all kinds of PAPER. There is a barrel lined with a large paper leaf bag and marked paper. .



Also keep separate all CARDBOARD. Boxes can be folded up to fit into the barrel.

Anything else that isn't recyclable is TRASH and should be put into either of the two flip top metal trash cans that have plastic bag liners.

Finally, COMPOST. Minimal food waste, coffee grounds and compostable paper from coffee hour can go into black containers to the left of the sink. These are lined with special green compost bags found under the island. Thanks to Lacey for taking away the compost. Since Becky has an Essex transfer station sticker, she takes the trash and recyclables listed above. Many thanks to Will Holton for getting us some new barrels for the kitchen.

If you have any questions or suggestions, please contact [Becky](#) or any other Hospitality Committee members: Lynne, Jenney, Robin, or Melanie.

Thanks, everyone.



## Church Calendar

Visit [uuessex.org](http://uuessex.org) to view the [Church Calendar](#)

Email [Laurel](#) to add your event to the calendar

## Upcoming Events:

11/12 (Sat) @ 6:00pm **Lantern Walk (in person at the Duff's)**

11/13 (Sun) @ 8:45am **Choir Practice (in person)**

11/13 (Sun) @ 10:00am **Sunday Service (in person and on Zoom)**

11/13 (Sun) @ 10:00am **RE (in person)**

11/13 (Sun) @ 11:00am **Coffee Hour (in person and on Zoom)**

11/16 (Wed) @ 7:00pm **Board Meeting (on Zoom)**

### **Mysticism and Resistance: A Spiritual Path**

Art has canceled the in-person workshop for Saturday, but will offer it on Zoom instead on November 30th, 6:00-7:45pm. Same sign up.

Please register ahead of time at [ND Spirituality Center](#).

The title is Mysticism and Resistance: A Spiritual Path. He'll share insights