

● First Universalist Church of Essex ● Weekly Update



This Sunday's Service @ 10:00 am at Church and on Zoom:

Life and Death, Gratitude and Kindness

This Sunday **Art** preaches. We'll be splitting our collection plate with World Central Kitchen and we gather after service for our first Left Over Sunday in three years and (see more below).

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Lindle is our Worship Associate. Lyn is our Zoom Host. Ronan is our AV Tech. Lisa plays plano and John Browne plays music for meditation.

This Sunday's Order of Service.

Sunday Service will be in-person and there will be an opportunity to watch and participate from Zoom, too. Please do what makes you feel comfortable. But do join us! Every one of you is so important to our community. Seeing each other is so inspiring.

Updated Health Policy for in Church Gatherings

Our UU Essex Zoom Room:

PIN: 058883

https://zoom.us/j/9042034298

Meeting ID: 904 203 4298 One tap mobile +19292056099,,9042034298# US (New York) +16699006833,,9042034298# US (San Jose) Dial by your location +1 929 205 6099 US (New York) +1 669 900 6833 US (San Jose)

Splitting Our Collection Plate: World Central Kitchen

Our next charity for this week of Thanksgiving this coming Sunday 27th will be one many of us have in our hearts because of Ukraine;

World Central Kitchen has been a massive operation providing cooked, comfort food for people in war zones, disaster zones, or wherever food is needed. The charity began with a renowned chef, José Andrés determined to give food to all who needed it.

"Because food is not a luxury reserved for the lucky few. It's a universal human right to live free from hunger."

You'd be amazed at the power of a plate of food. It can change the world, and so can you."

All amounts collected will be matched from the Tyler Social Justice Fund, up to \$500. To clarify how the collection is done, we give only on the one day of

the month that will be announced, and use only the contributions that are a one time contribution, any donations that are a recurring contribution will be assumed regular church funds.

We encourage anyone with a charity, special to them, to email Liz Raycroft <u>eraycroft@gmail.com</u> or Ken Swanson at:<u>Ken@peckofpeppers.com</u>



Left Over Sunday

Nov. 27th will be left over Sunday. For the first time in three years, we will gather for a meal together in the church hall after service in lieu of Coffee Hour. Please bring whatever leftovers you have. We don't have a functioning stove to heat food, but we do have a microwave.



Prayer List...

In Our Thoughts and Prayers:

Prayers and well wishes for:

Alison Anholt-White, recovering from successful surgery.

Paul Frontierro's sister, Maryann, undergoing treatment for cancer.

Amy Morrison and her family at the loss of her grandmother.

and for

Lois Bairstow and her sister *Peggy Duff*. Lois is home trying to recover from the sudden onset of a rare auto immune disease. Her sister Peggy is living with Lois and taking care of her and her two sons, *Foster* and *Aidan*. They can still use some help with occasional errands and dinners. Contact Peggy at 617-285-8784.



All are welcome to share their joys and concerns with the Worship Committee prior to Sunday services for the Worship Associate to share with the congregation if they cannot make it to Church or would rather not share it themselves. Please email Lindle.

Spiritual Direction

We have two resource people who are friends of the congregation and are available to offer spiritual direction:

Retired UCC Minister Jonathan Goodell (who preached for us in October on Al-Anon), 781-835-8133 and Sister Ellen Keane, SND, at Notre Dame Spirituality Center in Ipswich, 978-380-1561.



Board of Trustees

A Thanksgiving <u>letter</u> from Ken and the Board Of Trustees.

Thanks to all the great volunteers for a wonderful Annual Holiday Fair, especially coordinators: Jenn Sauriol (Cookies Walk); Bethany Davis (Crafts); Debbie Frontierro (White Elephant) and those who carted away all that was left over: Crystal Davis (Essex transfer station); Bob and Isabel Parlee (Savers); and Sandy and Ozzie Osborn (for taking the books).



Building Committee

The twin exterior light fixtures at the front entrance are mounted and electrified. Check out the style and illumination level of these stylish lamps. Thank you Linda Goddard for sourcing them from Light and Leisure, at a terrific sale price.



RE Fall Update

RE and UBU Volunteer Opportunities

Looking for opportunities to participate with our kids and youth at the First Universalist Church of Essex? Please fill out this volunteer form and our RE and/or Youth Director will be in touch with upcoming opportunities: <u>Fill out</u> <u>the Google Form Here</u>



Church Calendar

Visit <u>uuessex.org</u> to view the <u>Church Calendar</u> Email <u>Laurel</u> to add your event to the calendar

Upcoming Events:

- 11/27 (Sun) @ 10:00am Sunday Service (in person and on Zoom)
- 11/27 (Sun) @ 10:00am RE (in person)
- 11/27 (Sun) @ 11:00am Left Over Sunday (in person)
- 11/27 (Sun) @ 11:00am Coffee Hour (on Zoom)





Annual Reading Service

The service on January 1st will be our Annual Reading Service. Folks are welcome to share a favorite poem, passage from a book, or song lyric to read during the sermon portion of the service. Nothing too long but something meaningful to you. Thank you!

Mysticism and Resistance: A Spiritual Path

Art will offer a workshop on Zoom on November 30th, 6:00-7:45pm.

Please register ahead of time at ND Spirituality Center.

The title is Mysticism and Resistance: A Spiritual Path. He'll share insights from the medieval mystic, Catherine of Siena, and the contemporary feminist theologian, Dorothee Soelle.



Coffee House/Open Mic

We are working on planning our first (monthly) coffee house/open mic Saturday, December 10th at UU Essex and would love your input.

We plan to have a featured performer each month with room for anyone to signup to perform before/after feature. For example: 30 minute open mic, 30 minute feature, 30 minute open mic. "Second Saturdays Open mic" will continue from here on.